

Directions for Students Completing Part B Study Away PLU Health Form  
Via TimelyCare MedicalNow

If you are unable to access your own healthcare provider for a travel consult to complete Part B of the Student Health Form, please follow the instructions below to use TimelyCare MedicalNow to complete your form. **Students are responsible for uploading their completed Part A and Part B for review by the TimelyCare provider.** At this time, TimelyCare is only able to complete PLU forms.

1. Complete Part A and Part B (pages 3–5) of the Student Health Form.
2. Register or sign-in to TimelyCare at <https://app.timelycare.com/auth/login>. Make sure to use your PLU username and password to register/sign-in.
3. Request a MedicalNow visit. (Note: You cannot use a Scheduled Medical Visit to complete the health form.)
4. Take photographs of pages 1–5 (includes Part A and Part B) individually and upload them to the visit.
5. After your visit, download your Care Record and provide turn it in with Part B to the Wang Center. The Care Record will serve the documentation and signature required on page 6 of Part B.

If you experience difficulties with your TimelyCare appointment, please contact the Wang Center or PLU Health Center.